



FRENCH FOR LIFE

LIVE WHAT YOU DO

LYON

ESOTERISM, WINE AND GASTRONOMY

“ *THE UNUSUAL* ” WILL TAKE YOU ON A PATH OF DEEP REFLECTION
WHERE THE PAST MELTS INTO THE PRESENT

TOUR OVERVIEW

Our Days in Lyon

Classified as a "World Heritage City" by UNESCO, thanks to its historic site, a two-thousand-year-old urban quarter still very much alive today, Lyon has always been a spiritual capital.

Lyon is certainly a picturesque city, but above all ardently spiritual, due perhaps to its topography and the weight of millennia including prehistory?

By going through the quarters of Fourvière, Saint-Jean and Saint-Georges, we might feel connected to the foregone past. We will definitely come in contact with the past and its spiritual forces when walking the streets of the « Vieux-Lyon » and of Saint-Georges, retracing the footsteps of the Romans on the slopes of the Fourvière hill, and those of the Canuts on the Croix-Rousse hill.

Going back in time, we will relive the middle Ages and the Renaissance, times when Lyon played a prominent role in culture and international trade, by retracing the steps of those who preceded us, feeling a passing sensation, at moments, to leave time behind and float within another dimension.



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For something much more earthy, Lyon has also been tagged to be the capital city of gastronomy. It would then be indecent indeed not to dine in a “*bouchon*”, a typical Lyonnais restaurant, to taste this famous cuisine, which dates back to the Renaissance period. So, this is what we will do.

Actually, food is on the menu in many ways, including a visit to the temple of Gastronomy to stimulate your taste buds, and a bright new place dedicated to... chocolate. I will tell you more later...

Days Around Lyon

To maintain our momentum and, like the pioneers of days gone by, let's hit the road and venture in places where the forgotten past will, once more, explain the present.

Adding mystery to our expedition, we will venture in places where traces of esotericism can be found. I propose that we cover few kilometres out of Lyon and have a look for ourselves...

So, on our way to some unusual spots around Lyon, and, by the same token, enjoying what the country side has to offer, we will go through places so representative of France, and famous vineyards to taste wines and local products, as well as emblematic villages where time forgot to pass...